

Composition : Hydrason 10 Tablet: Each tablet contains Hydrocortisone USP 10mg.

Hydrason 20 Tablet: Each tablet contains Hydrocortisone USP 20mg.

Indications : It is indicated for the treatment of 1.

Endocrine Disorders: Primary or secondary adrenocortical insufficiency, congenital adrenal hyperplasia, nonsuppurative thyroiditis, hypercalcemia associated with cancer 2. **Rheumatic Disorders:** Rheumatoid arthritis, including juvenile rheumatoid arthritis, ankylosing spondylitis, acute and subacute bursitis, synovitis of osteoarthritis, acute non-specific tenosynovitis, post-traumatic osteoarthritis, psoriatic arthritis, epicondylitis, acute gouty arthritis 3. **Collagen Diseases:** Systemic lupus erythematosus systemic dermatomyositis, acute rheumatic carditis 4.

Dermatologic Diseases: Bullous dermatitis herpetiformis, severe erythema multiforme, severe seborrheic dermatitis, exfoliative dermatitis, mycosis fungoides, pemphigus, severe psoriasis 5. **Allergic States:** Seasonal or perennial allergic rhinitis, drug hypersensitivity reactions, serum sickness, contact dermatitis, bronchial asthma, atopic dermatitis 6.

Ophthalmic Diseases: Allergic corneal marginal ulcers, herpes zoster ophthalmicus, anterior segment inflammation, sympathetic ophthalmia, keratitis, optic neuritis, allergic conjunctivitis chorioretinitis, iritis and iridocyclitis 7. **Respiratory Diseases:** Symptomatic sarcoidosis, berylliosis, loeffler's syndrome not manageable by other means, fulminating or disseminated pulmonary tuberculosis when used concurrently with appropriate antituberculous chemotherapy, aspiration pneumonitis 8. **Hematologic Disorders:** Idiopathic thrombocytopenic purpura in adults, secondary thrombocytopenia in adults, acquired (autoimmune) hemolytic anemia, erythroblastopenia (RBC anemia), congenital (erythroid) hypoplastic anemia

9. **Neoplastic Diseases:** For palliative management of: Leukemias and lymphomas in adults, acute leukemia of childhood 10. **Edematous States:** To induce a diuresis or remission of proteinuria in the nephrotic syndrome, without uremia, of the idiopathic type or that due to lupus erythematosus 11. **Gastrointestinal Diseases:** Ulcerative colitis, regional enteritis 12. **Nervous System:** Acute exacerbations of multiple sclerosis etc.

Dosage and administration : The initial dosage of Hydrason tablets may vary from 20 mg to 240 mg of Hydrason per day depending on the specific disease entity being treated. In situations of less severity lower doses will generally suffice while in selected patients higher initial doses may be required. The initial dosage should be maintained or adjusted until a satisfactory response is noted. If after a reasonable period of time there is a lack of satisfactory clinical response, Hydrason should be discontinued and the patient transferred to other appropriate therapy. **IT SHOULD BE EMPHASIZED THAT DOSAGE REQUIREMENTS ARE VARIABLE AND MUST BE INDIVIDUALIZED ON THE BASIS OF THE DISEASE UNDER TREATMENT AND THE RESPONSE OF THE PATIENT.** After a favorable response is noted, the proper maintenance

Hydrason Tablet



**DRUG
INTERNATIONAL
LTD.**

dosage should be determined by decreasing the initial drug dosage in small decrements at appropriate time intervals until the lowest dosage which will maintain an adequate clinical response is reached. It should be kept in mind that constant monitoring is needed in regard to drug dosage. Included in the situations which may make dosage adjustments necessary are changes in clinical status secondary to remissions or exacerbations in the disease process, the patient's individual drug responsiveness, and the effect of patient exposure stressful situations not directly related to the disease entity under treatment; in this latter situation it may be necessary to increase the dosage of Hydrocortisone for a period of time consistent with the patient's condition. If after long-term therapy the drug is to be stopped, it is recommended that it be withdrawn gradually. Or, as directed by the registered physician.

Side effects : Most common side effects are headaches, muscle weakness, depression, mood swings, acne etc.

Contraindication : Hydrocortisone is contraindicated in patients with known hypersensitivity to any of the ingredients. They are also contraindicated in patients with systemic infections and in patients vaccinated with live vaccines.

Use in pregnancy and lactation : There are no adequate and well-controlled studies in pregnant women. Hydrocortisone should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. It is not known whether this drug is excreted in human milk. Caution should be exercised when Hydrocortisone tablet is administered to a nursing woman.

Drug interactions : The following medicines may interact with Hydrocortisone macrolide antibiotics, anticoagulants, antitubercular drugs, hepatic enzyme inducers, hepatic enzyme inhibitors, NSAIDS, vaccines etc.

Precautions : Hydrocortisone should be used with caution in patients with diabetes, renal insufficiency, chronic psychosis, hypertension etc.

Overdose : Treatment of acute overdose is by supportive and symptomatic therapy. For chronic overdose in the face of severe disease requiring a continuous steroid therapy, the dosage of the corticosteroid may be reduced only temporarily, or alternate day treatment may be introduced.

Storage : Store below 30° C in a dry place.

Packing : Hydrason 10 Tablet: Each box contains 5 x 10's tablets in blister pack.

Hydrason 20 Tablet: Each box contains 3 x 10's tablets in blister pack.